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Three Perfect Days in Panama City Beach, FL - A Journey Connected Travel Guide

Trip Summary

———— **Day 1**

———— **Day 2**

———— **Day 3**

———— **Panama City Beach City Guide**

———— **Top Things to See and Do in Panama City Beach**

———— **Panama City Beach Top Ten**

———— **Panama City Beach Dining, Bars, and Nightlife**

———— **Day 8**

Day 1



- Start your day by enjoying breakfast at a local beachfront cafe. Many restaurants along the beach offer delicious morning options.
- After breakfast, head to Panama City Beach City Beach, the main public beach. Spend your morning relaxing on the sandy shores, swimming, and soaking up the sun.

Lunch:

- For lunch, explore the options at Pier Park, a shopping and dining complex. Try one of the restaurants in the area for a bite to eat.

Afternoon:

- After lunch, take a stroll on the Russell-Fields Pier, which offers beautiful views of the Gulf of Mexico.
- Explore the shops at Pier Park for some retail therapy, or enjoy the various attractions like WonderWorks and the Grand Theatre.

Dinner:

- Enjoy dinner at a restaurant in Pier Park or try one of the seafood restaurants in the area. Seafood is a must-try in Panama City Beach.

Day 2



Morning:

- Start your day with a visit to St. Andrews State Park. Explore the nature trails, go birdwatching, and take a dip in the clear waters.

Lunch:

- Picnic in St. Andrews State Park, or visit a nearby restaurant for a quick meal.

Afternoon:

- Take a boat tour to Shell Island, where you can enjoy shelling, snorkeling, and wildlife watching. Be sure to bring your swimsuit and sunscreen.

Dinner:

- Head back to the mainland for dinner at one of the local seafood restaurants, or try something different and sample international cuisine.

Day 3



Morning:

- Start your day with an exciting adventure. Choose from activities like jet skiing, parasailing, or paddleboarding. There are various operators along the beach to choose from.

Lunch:

- For lunch, try a beachfront restaurant to enjoy a view of the Gulf while you dine.

Afternoon:

- Spend your afternoon at Gulf World Marine Park, where you can learn about marine life and enjoy interactive shows and exhibits.
- If you have time, explore some of the local art galleries and studios to experience the creative side of Panama City Beach.

Dinner:

- Enjoy a relaxing dinner at a beachfront restaurant or try one of the local bars for a more casual experience.

Panama City Beach City Guide



Panama City Beach is a popular tourist destination located on the Gulf Coast of Florida. Known for its stunning beaches, vibrant nightlife, and a wide range of outdoor activities, it's an ideal vacation spot for those looking to enjoy the sun and sea. Here's a city guide to help you make the most of your visit:

****1. Beaches:****

- The main attraction in Panama City Beach is, of course, its pristine sandy beaches. The two most popular public beaches are St. Andrews State Park and Panama City Beach City Beach. These beaches offer opportunities for sunbathing, swimming, and water sports.

****2. Water Sports:****

- Panama City Beach is a hub for water-based activities such as jet skiing, parasailing, snorkeling, paddleboarding, and deep-sea fishing. You can rent equipment or join guided tours from various local operators.

****3. Shell Island:****

- Take a boat tour to Shell Island, a beautiful undeveloped barrier island located near Panama City Beach. It's a great place for shelling, wildlife watching, and exploring nature trails.

****4. Pier Park:****

- Pier Park is a shopping and entertainment complex with a wide range of stores, restaurants, and attractions. It's a great place to shop, dine, or simply stroll around. You can also visit the famous Pier and enjoy beautiful sunsets.

****5. Dining:****

- Panama City Beach offers an array of dining options, from seafood shacks to fine dining. Try some fresh Gulf seafood, or explore the local cuisine. Don't miss the chance to dine with a view of the ocean.

****6. Nightlife:****

- The city has a vibrant nightlife scene with beachfront bars, clubs, and live music venues. Many of these are located around the Pier Park area.

****7. Family-Friendly Activities:****

- If you're traveling with kids, consider visiting attractions like Gulf World Marine Park, WonderWorks, and Shipwreck Island Water Park.

****8. State Parks:****

- Besides St. Andrews State Park, you can explore other state parks in the area, such as Camp Helen State Park and Grayton Beach State Park, for hiking and nature activities.

****9. Fishing:****

- Panama City Beach is renowned for its fishing opportunities. Whether you're into deep-sea fishing or pier fishing, there are plenty of options for anglers.

****10. Golf:****

- If you enjoy golfing, you'll find several golf courses in the area. Bay Point Golf Club, Hombre Golf Club, and Signal Hill Golf Course are popular choices.

****11. Events:****

- Check the local event calendar, as Panama City Beach hosts various festivals and events throughout the year, including music festivals, seafood festivals, and holiday celebrations.

****12. Accommodations:****

- Panama City Beach offers a wide range of accommodation options, from beachfront hotels and condos to vacation rentals and campgrounds.

Remember to plan your visit according to the season, as the area can get quite crowded during spring break and the summer months. Whether you're looking for relaxation on the beach or an adventure-packed vacation, Panama City Beach has something to offer for every traveler.

Top Things to See and Do in Panama City Beach



Panama City Beach, Florida, offers a variety of attractions and activities to suit different interests and preferences. Here are the top things to see and do in Panama City Beach:

1. **Relax on the Beach:** The beautiful white-sand beaches are the main attraction. Spend your days sunbathing, swimming in the Gulf of Mexico, building sandcastles, or taking long walks along the shore.
2. **St. Andrews State Park:** Explore this pristine state park, known for its hiking trails, birdwatching opportunities, and snorkeling in the crystal-clear waters.
3. **Shell Island:** Take a boat tour to Shell Island, an undeveloped barrier island, to enjoy its natural beauty, shelling, and wildlife.
4. **Water Sports:** Panama City Beach is a hub for water-based activities like jet skiing, parasailing, paddleboarding, and deep-sea fishing. You can rent equipment and take guided tours.
5. **Pier Park:** Visit Pier Park, a shopping and entertainment complex with numerous stores, restaurants, and attractions. You can also take a leisurely stroll on the Russell-Fields Pier.
6. **Gulf World Marine Park:** Learn about marine life through interactive shows and exhibits, and even get the chance to swim with dolphins.
7. **WonderWorks:** Explore this unique upside-down science museum with over 100 hands-on exhibits, a laser tag arena, and a 6D motion ride.
8. **Shipwreck Island Water Park:** Cool off and have fun at this water park, which features waterslides, wave pools, lazy rivers, and a kids' play area.
9. **Boat Tours:** Take a boat tour to spot dolphins, enjoy a sunset cruise, or explore the coastline from the water. These tours offer a chance to see local marine life and enjoy scenic views.
10. **Fishing:** Whether you're an experienced angler or a beginner, Panama City Beach offers excellent fishing opportunities. Try deep-sea fishing or fish from one of the piers.
11. **Airboat Tours:** Take an exciting airboat tour through the local wetlands and marshes to get up close and personal with the area's unique ecosystems and wildlife.
12. **Dining:** Savor fresh seafood and other cuisine at a variety of restaurants and eateries. The local seafood is a must-try, and you can find everything from casual beachfront dining to upscale options.

13. ****Golf:**** Enjoy a round of golf at one of the area's golf courses, such as Bay Point Golf Club, Hombre Golf Club, or Signal Hill Golf Course.

14. ****Nightlife:**** Experience the vibrant nightlife in Panama City Beach with beachfront bars, clubs, and live music venues. Many of these are concentrated around the Pier Park area.

15. ****Family-Friendly Activities:**** Bring the kids to attractions like Gulf World Marine Park, WonderWorks, Shipwreck Island Water Park, and miniature golf courses for family fun.

16. ****Art Galleries:**** Explore local art galleries and studios to discover the creative side of Panama City Beach.

17. ****Events:**** Check the local event calendar for festivals, live music events, seafood festivals, and holiday celebrations happening during your visit.

Panama City Beach offers something for every type of traveler, whether you're seeking relaxation on the beach, adventure, family-friendly activities, or a mix of it all.

Panama City Beach Top Ten



Panama City Beach offers a wide range of attractions and activities for visitors to enjoy. Here are the top ten things to see and do in Panama City Beach:

1. Relax on the Beach:

Panama City Beach is renowned for its beautiful white-sand beaches. Spend time sunbathing, swimming, and building sandcastles.

2. St. Andrews State Park:

Explore the natural beauty of St. Andrews State Park, where you can hike nature trails, go bird-watching, and snorkel in the clear waters.

3. Shell Island:

Take a boat tour to Shell Island, an undeveloped barrier island known for its pristine beaches and wildlife.

4. Water Sports:

Enjoy water-based activities such as jet skiing, parasailing, paddleboarding, and deep-sea fishing in the warm Gulf waters.

5. Pier Park:

Visit Pier Park for shopping, dining, and entertainment. You can also take a stroll on the iconic Russell-Fields Pier.

6. Gulf World Marine Park:

Learn about marine life through interactive shows and exhibits, and even have the opportunity to swim with dolphins.

7. WonderWorks:

Explore this unique upside-down science museum with over 100 hands-on exhibits, a laser tag arena, and a 6D motion ride.

8. Shipwreck Island Water Park:

Cool off and have fun at this water park, featuring slides, wave pools, lazy rivers, and a kids' play area.

9. Boat Tours:

Take a dolphin-watching or sunset cruise to see the local marine life and enjoy the picturesque coastline.

10. Fishing:

Whether you're a seasoned angler or a beginner, Panama City Beach offers excellent opportunities for fishing. Try deep-sea fishing or cast a line off one of the many piers.

These are just a few of the fantastic things to see and do in Panama City Beach. Whether you're looking for relaxation, adventure, or family-friendly activities, this popular Florida destination has something for everyone.



Panama City Beach Dining, Bars, and Nightlife



Panama City Beach offers a diverse dining scene with a wide range of options, from seafood and Southern cuisine to international flavors. Here are some popular dining spots in Panama City Beach:

1. Seafood Restaurants:

- Given its location along the Gulf Coast, Panama City Beach is renowned for its fresh seafood. Some top seafood restaurants include Captain Anderson's, Runaway Island Beach Bar & Grill, and J. Michael's Dockside Bar & Grill.

2. Beachfront Dining:

- Enjoy a meal with a view of the Gulf of Mexico at restaurants like Pineapple Willy's, Sharky's Beachfront Restaurant, and The Back Porch Seafood & Oyster House.

3. Southern and Comfort Food:

- If you're looking for Southern classics, check out places like Dat Cajun Place Café, Bayou on the Beach Cafe & Oyster Bar, and The Wharf Seafood Buffet.

4. International Cuisine:

- Panama City Beach has a variety of international restaurants. Try Thai food at Lemongrass Thai Restaurant, Italian dishes at Salvatore's Pizzeria, or Mexican cuisine at Diego's Burrito Factory.

5. Steakhouses:

- For a hearty steak dinner, head to restaurants like Firefly, Saltwater Grill, or Shrimp Boat Grill.

6. Casual Dining:

- If you're looking for more casual dining options, consider local favorites like Dee's Hang Out, Liza's Kitchen, or Finn's Island Style Grub.

7. Breakfast and Brunch:

- Start your day right with a delicious breakfast at places like Andy's Flour Power Café & Bakery, Another Broken Egg Cafe, or Thomas Donut & Snack Shop.

8. Food Trucks:

- Panama City Beach has a growing food truck scene. You can find a variety of mobile eateries offering everything from gourmet tacos to barbecue.

9. Bars and Pubs:

- For a laid-back atmosphere and drinks, visit places like Dusty's Oyster Bar, The Craft Bar, or Ms. Newby's.

10. Sweet Treats:

- Satisfy your sweet tooth with desserts and ice cream from places like Hershey's Ice Cream & Fudge, Kilwin's Chocolates & Ice Cream, or Thomas Donut & Snack Shop.

11. Fine Dining:

- For an upscale dining experience, you can try Firefly, a restaurant known for its creative cuisine and elegant ambiance.

12. All-You-Can-Eat Seafood Buffets:

- Panama City Beach is also famous for its all-you

Day 8



1. **Panama City Beach Visitors' Center:** The official visitor center is located in the heart of Panama City Beach. Here, you can pick up brochures, maps, and get information about local attractions, events, and accommodations.
2. **Panama City Beach Convention & Visitors Bureau:** The official tourism website (<https://www.visitpanamacitybeach.com/>) provides comprehensive information about the area, including accommodations, activities, dining options, and events. You can also find helpful travel tips and itineraries on their website.
3. **Panama City Beach Map:** You can often find detailed maps of the area at hotels, visitor centers, and online. These maps will help you navigate the city and locate various points of interest.
4. **Local Newspapers and Magazines:** Pick up free local newspapers and magazines, such as "The News Herald" and "The Beaches of Panama City," to stay updated on local events, news, and activities.
5. **Mobile Apps:** Download travel and tourism apps that focus on Panama City Beach. These apps often provide information about nearby attractions, restaurants, and activities.
6. **Social Media:** Follow the official social media pages of Panama City Beach, including Facebook, Twitter, and Instagram, to get updates on events and special offers.
7. **Local Brochures and Flyers:** You'll find brochures and flyers at various attractions, restaurants, and hotels that offer discounts and information about specific businesses and activities.
8. **Local Tour Operators:** Many local tour operators and activity providers offer information and assistance. They can help you book tours and activities like boat trips, water sports, and more.
9. **Public Transportation:** If you plan to use public transportation, be sure to pick up schedules and route maps for the Bay Town Trolley, which serves the Panama City area.
10. **Local Tourism Office:** The local tourism office, often in partnership with the Chamber of Commerce, can provide information and resources for tourists.
11. **Visitor Guidebooks:** Look for visitor guidebooks specific to Panama City Beach, which are often available in hotels and tourist centers. These guides typically include detailed information on the area's attractions and services.
12. **Rental Car Companies:** If you're renting a car, inquire at the rental agency about maps, guides, and any additional resources they might provide.

Remember that tourist resources can change, so it's a good idea to check with the Panama City Beach Visitors' Center or the official website for the most up-to-date information. These resources can help you make the most of your trip and ensure you don't miss out on the best experiences Panama City Beach has to offer.